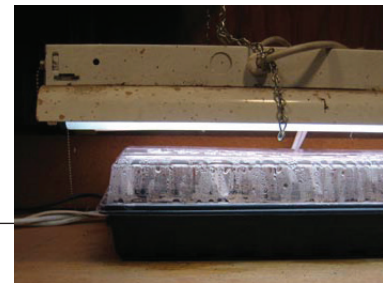


Estimates & Ideas for Seed Starting Setups

All prices are from OSH in Livermore*

Seed Heat Mat	9 x 19.5" fits under 1 starter kit	24.99
Grow Starter Kit	8-9 cell packs in tray w/clear plastic cover	6.70
* Lowe's has a 3 pack (for serious propagates)		for around 9.00
Grower Refill Packs	8-9 cell packs	2.69
Fixture for Fluorescent Light	double - 48" (shop light)	9.64
Fixture for Fluorescent Light	double - 24"	19.99
Fixture for Fluorescent Light	single - 24"	12.99
Fluorescent Light		
Generic single	2" dia - 48"	1.98
Generic single	2" dia - 24"	(don't ask) 4.99
These are more "atmosphere" lights for the home...		
Warm	2" dia - 48"	5.00
Daylight	2" dia - 48"	6.59
Sunshine	2" dia - 48"	7.39
Plant & Aquarium	2" dia - 48"	10.00
Plant & Aquarium	2" dia - 24"	7.50

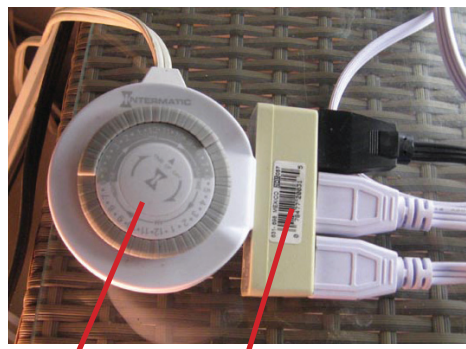


If you want true "grow lights" go to a website like:
homeharvest.com. 48" lights start at \$20 and a fixture at \$33

#16 single jack chain	to hang and adjust the fixtures	.79 per ft
"S" hook	3/4" 4 pack	.99
Swivel 3 plug adapter	if you are doing more than 1 fixture	4.00
3 prong adapter	2 pack	.99
Timer	unless you get up at 5 a.m. to turn the lights on	5.50



"S" HOOK
AND CHAIN



TIMER 3 PLUG ADAPTER 3 PRONG ADAPTER



YOU FIGURE IT OUT!

The Alternative...

For those who don't want to spend the time and money to do a grow light set-up, you can put your seed tray by a sunny window. But if you want your seedling to be strong and healthy give them a little more help!

A couple of desk lamps will do.



These lights are up high because they are over established plants. If you are germinating seed, they would be closer to the soil.

